

Project Manifestation Worksheet

By Jane Deuber

In order to activate your Manifesting Mojo, we will begin with an "Intuitive Exploration" of the primary goal you have decided to achieve. After reading your vision once again, picture yourself at that future space in time living this vision you have described. Imagine the sense of joy, satisfaction and pride knowing you played full out and made it happen.

Next, answer the questions below from an intuitive place, writing as quickly as you can without over thinking each answer. Once you've answered each question, move on to page two of this handout where you will do a brain dump of the action steps you'll need to take to achieve this top priority goal. Above all, bring a sense of playfulness and possibility to this process to keep the energy and ideas flowing.

- 1. What primary goal will you achieve?
- 2. By when will you achieve this goal?
- 3. Why are you 100% committed to making this happen?
- 4. How will you feel once it's completed?
- 5. What might stop you on your way to this goal?

Harness The Magic of Planning

In this step our goal is to write out as many of the steps, big and little, you will need to complete to turn your goal into reality. From what you need to have in place to the people you'll need to reach out to – the goal is to get it *out of your head and onto paper*. For our right-brain, creative friends, this step is often easier using a mind map or post-it notes on a flip chart.

Steps I Will Take	Action Steps	Date	Team
	1.		
	2.		
	3.		
	4.		
	5.		
8	6.		
Steps	7.		
	8.		
	9.		
	10.		
	11.		
	12.		
	13.		
	14.		
	15.		

	Who will you need on your team?	What technology needs to be in place?
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